UEFA A-coaching license, MSc-Performance Analysis in Sport, Top Coach 1, BSc-Coaching in Sport

Henrik Digernes (1989); hard working, structured and aspiring coach with a specific focus on going forward with enhancing performance and potential to achieve results. Has a coaching- and leadership style build on clarity, goal orientation and trust in involving significant others on the road to success.

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Highly ambitious football coach with over 10 years of coaching experience from different roles including leadership, coaching, development, and performance-based work in professional environments. Extensive work on football tactics, match strategy, training methodology, player development, scouting and player logistics. On the field experience from coaching both senior and youth development in professional clubs from men's- and women's football. Higher formal education and deeper learning courses from Norwegian and English universities and institutions on subjects like coaching, performance analysis, sport science training methodology, learning, leadership, and football tactics.

Experience:

1st Team Assistant Coach & Analysis
Stabæk Football Womens
Toppserien, Norway.
Professional league.
Jan 2021-des 2021

Head of Elite Player Development,
FL Fart Women
Toppserien/1.div, Norway.
Professional league.
jan 2019 – des 2020

Academy Coach (U15-U19)
Wang Toppidrett Hamar
College of Elite Sports - football
jan 2019 – des 2020

Head of Academy Coaching (U15-19)
Haugesund Toppidrettsgymnas
College of Elite Sports
Football/Soccer
jan 2015 – juni 2018

1st Team Assistant Coach & Analysis,
SK Vard-Haugesund
Post-Nord ligaen, 2div, Norway.
Semi-professional league.
des 2016 – des 2017

Head Coach U14/ ass. U16,
FK Haugesund
Elite and National tournaments, Norway.
jan 2015 – des 2016

1st Team Head Coach,
SK Haugar
4.div, Norway.
Amateur league.
jan 2015 – des 2015

Head Coach U19,
KIL Toppfotball
1.div elite, Norway.
Regional league.
juli 2013 – nov 2014

1st Team Head of Performance Analysis
KIL Toppfotball
Obos ligaen (1.div) / 2.div, Norway.
Professional league.
july 2013 – nov 2014

Academy Coach (U15-U19)
NTG - Kongsvinger
College of Elite Sports - football
aug 2013 – july 2014

Education:

Elite Coach 1 diploma («Topptrener 1)
Norwegian School of Sport Science
sept 2016 – may 2018

MSc - Performance Analysis in Sport,
Middlesex Uni.,London Sports Ins.
sept 2012 – July 2013

BSc – sports coaching, psychology & training,
Norwegian School of Sport Science, Oslo.
aug 2008 – June 2011

License:

UEFA A-coaching licence,
Norges Fotballforbund
2018

Performance Analyst,
Dartfish
2013

UEFA B – coaching licence,
Norges Fotballforbund/NIH
2012

Match and player analyst,
Interplay Sports/NIH
2012

Reference:

Per Inge Jacobsen,	Kim A.Pedersen	Thormod Ness,	Åge Steen	Tore Birkely	Leif Nordli,
Head Coach	Academy Director	Head Coach	Sports Director	Academy Coach	Head Coach
Stabæk Fotball	Stabæk Fotball	Vard-Haugesund	NTG	HTG	FL Fart
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